



Appetizers

Vegan



Nut Free



Soy Free



Gluten Free



GYOZAS \$12

Choice of vegetable or shrimp, served with rice vinegar, soy and sesame seed dipping sauce.

HUMMUS WITH PITA BREAD \$12



Chickpeas mixed with tahini, garlic and fresh lime juice, accompanied pita bread.

THAI SUMMER ROLLS \$12



Rice paper stuffed with avocado, mango, cashews, bean sprouts, cucumber and fresh herbs. Served with a homemade Thai peanut dipping sauce.

Add: Chicken or Tofu* \$5 | Shrimp \$6

TOFU NUGGETS WITH AVOCADO DIP \$12



Marinated tofu coated in a crunchy cashew tempura crust and served with a creamy avocado dipping sauce.

TACOS



Fish, Chicken or Tofu* \$12 | Shrimp \$14

Sauteed in a hoisin sauce, topped with crunchy greens, pickled red onions and a plum sauce.

FISH CEVICHE \$12



Sea bass marinated in lime juice with red onions, cilantro, sweet pepper and aji chili. Served with crunchy plantain chips.

Prices do not include 13% sales tax and 10% service tax.



Soups

Vegan



Nut Free



Soy Free



Gluten Free



GAZPACHO \$12



Refreshingly chilled tomato-based soup accompanied by homemade vegan garlic bread. *Gluten-free bread available.

TOM KHA \$14



Fragrant Thai coconut soup infused with lemongrass, lime leaves, ginger, chilies, mushrooms, cherry tomatoes, bean sprouts, hearts of palm and scallions.

Add: Chicken or Tofu* \$5 | Shrimp \$6

Salads & bowls

RAINBOW SALAD \$14



Kale, carrots, sweet corn, cucumber, green papaya, peas, lettuce, tomatoes, red peppers and broccoli.

GUIONES SALAD \$14



Fresh greens, grilled chicken breast, avocado, cherry tomatoes, feta, spicy pecans, cucumber, beet and eggs.

BUDDHA BOWL \$14



Steamed sweet potatoes, sautéed mushrooms, kimchi, kale, broccoli, confit red onions, cashews, basmati rice and roasted chickpeas.

TUNA POKE BOWL \$16

Fresh tuna marinated with soy sauce and topped with sesame seeds. Served with edamame, carrots, mango, avocado, beets, zucchini and basmati rice.

PROTEIN OPTIONS

Chicken | Fish | Tofu | Falafel \$5 | Shrimp \$6

Vegan dressing options: Miso, Cilantro or Lime Vinaigrette

Extra Dressing \$2

Prices do not include 13% sales tax and 10% service tax.



Burgers & Paninis

Served with fries or mixed green salad.

Vegan



Nut Free



Soy Free



Gluten Free



TOFU BURGER \$16

Grilled Tofu burger marinated tofu in a crunchy cashew tempura crust, topped with greens, avocado, tomato, cucumber and vegan aioli mayo served on a homemade vegan bun.

FALAFEL BURGER \$16

Falafel pattie, lettuce, tomato, cilantro, vegan aioli mayo and pickled onions. Served on a homemade vegan bun.

TUNA STEAK BURGER \$18

Pan-seared tuna steak topped with avocado, tomato, arugula and tartar sauce.

ROYAL CBT \$18

Angus beef burger topped with melted cheddar cheese, bacon, caramelized onions, lettuce, tomato and homemade mayo.

GRILLED CHICKEN AVOCADO PANINI \$16

Chicken breast topped with arugula and lettuce, tomato and vegan aioli mayo.

Prices do not include 13% sales tax and 10% service tax.



Vegan



Nut Free



Soy Free



Gluten Free



Mains

PAD THAI \$16

Find the authentic balance of sweet, sour, and salty. Packed with crushed peanuts, herbs and bean sprouts.

PROTEIN OPTIONS

Complementary egg

Chicken or Tofu \$5 | Shrimp \$6

JALAPEÑO TOFU \$14

Tofu sauteed with jalapeno, fresh tomatoes, onions and cumin, refried black beans, avocado and a mixed green salad.

GRILLED SEA BASS \$26

Sea bass accompanied with bok choy, sweet potato and a mixed green salad.

GRILLED TUNA STEAK \$26

Sesame seed-crusted Tuna steak served with roasted potatoes, steamed vegetables and a Som Tam Thai salad.

GRILLED BEEF TENDERLOIN \$30

Beef tenderloin served with roasted potatoes, steamed vegetables, mixed greens salad and Argentinian chimichurri.

GRILLED CHICKEN BREAST \$24

Chicken breast served with steamed quinoa, sauteed sweet corn, zucchini noodles and avocado.

Prices do not include 13% sales tax and 10% service tax.



Pastas

Served with garlic bread and a mixed green salad.

Gluten-free pasta is available.

Vegan



Nut Free



Soy Free



Gluten Free



TAGLIATELLE PRIMAVERA \$18



Vegetable medley tossed in a cream or olive oil sauce.

SHRIMP PAPPARDELLE \$28



Shrimp sauteed with garlic, cherry tomatoes and scallions in an avocado and parmesan creamy sauce.



TUNA TAGLIATELLE \$26



Seared tuna tossed with pesto, olives and sun-dried tomatoes.

Kids


SPAGHETTI AND MEATBALLS \$12

Parmesan cheese.  

CHEESE QUESADILLA \$10

Served with sour cream.  

MAC AND CHEESE \$10

Creamy mozzarella cheese macaroni.  

MONSTER BURGER \$12



Beef patty, homemade bun, lettuce, tomato, and cheese served with fries.

CHICKEN FINGERS AND FRIES \$12

All-time favorite!  

FRENCH FRIES ORDER \$8



Served with ketchup and mayonnaise.

Prices do not include 13% sales tax and 10% service tax.





Bodhi Tree Yoga Resort opened its doors in 2014 for travelers who want to enjoy the magic of Costa Rica in a unique and healthy way.

Our resort was creatively designed around nature, leaving the surrounding jungle as it was meant to be. We continuously strive to be as environmentally friendly as possible by preserving the jungle's natural state, leaving the impression that Bodhi Tree Yoga Resort has been here for many years.

One stunning ride through this lush landscape will answer why we have chosen Costa Rica as our yoga home. In the purest sense, the culture and environment of Costa Rica is one that supports a healthy lifestyle. By the time you leave, you will fully embrace the country mantra Pura Vida (Pure Life).

Enjoy our high-end accommodations, superb dining experience, world-class yoga and pilates studios, gym, spa, juice bar and boutique. Come visit us and discover the finest surf and yoga resort in Costa Rica.



Bodhi Tree Yoga Resort



Bodhi Tree Yoga Resort