



Massages 60/90 minutes

Bodhi Signature Massage \$135 /\$160

Our signature massage is designed to address both physical and emotional imbalances, promoting a sense of equilibrium and well-being. Full body firm pressure massage, warm oil, our three favorite essential oils and energy cleaning are the perfection to help you achieve a state of equilibrium and overall harmony

Tropical Bliss Massage \$125 /\$155

Experience a unique full body firm pressure massage infused with exotic passion fruit balm from Costa Rica. Let tension melt away, leaving you deeply connected to both nature and your inner self. Treat yourself with this rejuvenating experience.

Deep Tissue Massage \$110 /\$145

This therapy focuses on realigning deeper muscles and connective tissue by breaking down muscle adhesions. It is beneficial in relieving pain and restoring range of motion. By using direct strong pressure throughout the entire massage, this therapy will melt your muscles into a deep wellness state.

Relaxing Massage \$110 /\$145

Recover from the stresses of daily life and sink into your vacation in Paradise. When you experience a relaxation massage, expect a treatment that involves long smooth gliding strokes that are rhythmic and flowing, with a touch of detailed delicate techniques in hands, feet and face that will leave you with a sense of ease and freedom in the body.

Reiki Combo Massage \$135 /\$160

Combining the physical bodywork and the energetic balancing this treatment brings you back into your natural rhythm and alignment, so you can move through life with ease, clarity and peace.

Mom to be Massage \$110 / \$145

Prenatal massage that helps relieve various normal discomforts experienced during pregnancy, such as back aches, stiff neck, leg cramps, headaches, swelling and insomnia.

This massage is contraindicated during the first trimester of pregnancy and for those with high-risk conditions. We kindly advise you to consult with your healthcare provider before booking.

Facials 50 minutes

Try our relaxing facials with our 100% organic and natural products. Our facials do not include deep extractions.

- Moisturizing (Oat & honey for dry skin) \$110
- Hydrating (Rosehip for sensitive or sunburn skin) \$110
- Rejuvenating (Avocado for all skin types) \$110
- Emolient (Volcanic clay for oily skin) \$110

Cancellations with less than 12 hours notice 50% charge · last minute or no show 100% charge 13% tax not included in prices

BODHI treatments



Body wrap + warm shower
+ relaxing massage and .

- Firming (Coffee) 90min/\$160
- Detoxify (Volcanic clay) 90min/\$160
- Sweet Treat (Chocolate) 90min/\$160
- Cooling (Aloe & lemon grass) 90min/\$160

Alternative Therapies

- Reiki 60min/\$120
- Craniosacral therapy 60min/\$140
Please wear comfortable clothes
- Acupuncture 75min/\$160

One to One Ayurvedic Sessions

Dr. Paras will help you identify your dominant Dosha, provide you a personalized diet plan that aligns with your Dosha and giving you the foundation to build a life of balance and harmony. This session will be taken place in the comfort of your room.
90min/\$225

For specific questions about your session please write to: contact@parasmoghtader.com

Nail Care

REGULAR (LACQUER)

- Nail Polish Hands \$30
- Nail Polish Feet \$35
- Manicure \$45
- Pedicure \$50

GEL COLOR

- Nail Polish Hands \$35
- Nail Polish Feet \$40
- Gel Color Manicure \$60
- Gel Color Pedicure \$70

KIDS (11 YEARS AND UNDER)

- Hands \$25
- Feet \$30

GENTLEMAN

- Manicure \$40
- Pedicure \$45

SCHEDULE: Monday- Sunday 09:00 - 17:00
APPOINTMENTS VIA WHATSAPP: +506 84266677
APPOINTMENTS VIA EMAIL: spa@bodhitreeyogaresort.com

AGE POLICY

To ensure a tranquil and relaxing environment for all our guests, we kindly ask that only individuals aged 18 and above visit the spa. We appreciate your understanding.

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